

October 08, 2015

DIVISION MEMORANDUM

No. 689, s. 2015

LECTURE ON MENTAL HEALTH AND WELL-BEING

**To: Assistant Superintendent
Education Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads
Heads, Private Elementary and Secondary Schools**

1. Attached is a communication from Dr. Jaime S. Bernadas, Regional Director, Department of Health (DOH)-V11, inviting Grades 9 & 10 Student Leaders Levels from both private and public schools to attend lecture, entitled, "**Mental Health and Well-Being**" on October 17, 2015 at 1:00-5:00 PM at the University of San Carlos Cultural Center- South Campus.
2. Please furnish this office a copy of your confirmation slip (Attention Mrs. Rosemary N. Oliverio).
2. For more information, refer to the attached communication
3. Dissemination of this Memorandum is desired.

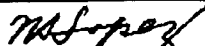
ARDEN D. MONISIT, Ed.D.
Schools Division Superintendent

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DR. JAIME S. BERNADAS
Regional Director


DR. NERISSA S. LOPEZ
President
Condition for Better Education



September 17, 2015

Dr. Juliet A. Jeruta
Regional Director
Department of Education - Region 7

Dear **Dr. Jeruta**,

Greetings from your CBE Family!

Thank you very much for your warm support in "The SUPRE Celebration: Emotional Wellness and Resiliency in the Philippines Schools in the Digital Generation Age" forum held at the UP Performing Hall last Sept 10, 2015.

Along this line, the Department of Health in collaboration with the **Coalition for Better Education, Philippine Mental Health Association, Philippine Guidance Counselors Association, and Natasha Goulbourn Foundation** will stage a follow-up activity this time for high school and college students. We will be holding a forum that will feature lectures on **Mental Health and Well-Being on October 17, 2015 from 1:00 – 5:00 pm at the University of San Carlos Cultural Center (South Campus)**. Both secretaries of the Department of Education and Department of Health have also signified their interest to attend. The forum, incidentally coincides with the world celebration of Mental Health Month.

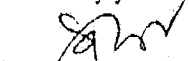
On this note, we hope that DepEd-7 can send students leaders in the Grades 9 & 10 Levels and coming from both private and public schools from the divisions of Cebu Province & cities of Cebu, Mandaue, Lapu-Lapu, and Talisay to participate in this event. We are allocating 200 seats per division. We need the support of DepEd who we believe will help us spread our advocacy of an emotionally and mentally resilient population.

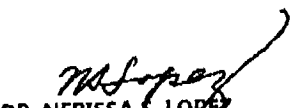
We are happy to announce that this forum is free of charge. Snacks and dinner will be served. We hope that the region can disseminate this invitation to the above divisions. Attached also is the confirmation slip indicating the number of students each division will be sending to the event. We will also be giving out giveaways, loot bags and raffle prizes to all participants.

We are hopeful that you will be able to partner with us in this worthwhile campaign. Your unqualified support will mean so much in eradicating the stigma associated with mental health and involving as many partners and stakeholders that we can work with to raise the much needed awareness on mental and emotional wellness and resiliency.

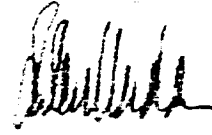
We look forward to your favorable response. Should you have clarifications, you can reach us at Tel. No. (032) 416-4625 and look for Ency Encinares. You can also send us email at admin@cbephils.net or at ency.e@live.com.

Sincerely yours,


DR. JAIME S. BERNADAS
Regional Director
Dept. of Health (DOH)-Region VII


DR. NERISSA S. LOREZ
President
Coalition for Better Education





**MENTAL HEALTH MONTH: DIGNITY IN MENTAL HEALTH
October 17, 2015 | 1:00 PM to 8:00 PM | USC CULTURAL CENTER**

CONFIRMATION SLIP

YES, we will attend the Mental Health Forum

_____ No. of Students participating

Name of Teacher participating: _____

School: _____

NO, unfortunately, we cannot attend the Mental Health Forum.

NAME OF SCHOOL/ORGANIZATION: _____

DIVISION/CITY: _____

ADDRESS/PHONE NUMBER: _____

NAME & SIGNATURE OF CONTACT PERSON: _____

*We encourage, schools/division offices participating to **re-fax back to us the "confirmation slip"** for seats reservation to Coalition for Better Education at **Tel/fax. No. (032) 416-4625 or 416-4626**. Or you may email your confirmation at admin@cbephils.net or at ency.e@live.com. Thank you!*